

## Junior and Senior School

### Sex & Relationship Education (SRE) Policy

All pupils at the Junior and Senior School have the opportunity of Sex & Relationship (SRE) Education as part of the PSHEE curriculum, Science and RE/I.

Sex and Relationships Education involves learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health.

A comprehensive programme of SRE provides accurate information about the body, sex and sexual health. It also gives young people essential skills for building positive, enjoyable, respectful and non-exploitative relationships and staying safe.

The PSHEE curriculum targets specific year groups in order to ensure progression.

#### Aims

1. At The Junior and Senior School we aim to deal with Sex & Relationship Education as part of a series of broader issues involving personal relationship and healthy life styles.
2. We encourage all children from KS1 onwards to have the confidence and self-esteem to value themselves and others.
3. Children and young people want to be prepared for the physical and emotional changes they go through at puberty and young people want to learn about relationships.
4. We teach our younger children at Junior School to understand about the range of relationships, including the importance of family for the care and support of children, to develop confidence in speaking, listening and thinking about feelings and relationships, to be able to name the body and describe how their bodies work and to be prepared for puberty.
5. As the pupils progress through KS3 and upwards, we aim to encourage pupils to give thought to responsibility within any relationship and to recognise that sexual relationships, especially need/deserve thought and commitment. We stress to pupils the importance of loving and caring for others as well as having due regard for themselves.
6. Our intention is to enable pupils to grow into a mature appreciation of human sexuality, recognising this is but one aspect of a whole range of adult behaviours.
7. We aim to provide balanced, sensitive consideration of factual information so that pupils are able to discern reliable information and recognise misinformation/myths.

8. We aim to instil in young people their right and responsibility, to make informed choices.
9. Staff involved, and the school generally, should aim to have due regard and respect for the religious/moral beliefs of particular faiths and/or individual pupils.
10. We aim to provide pupils with information not individual advice.
11. We aim to be receptive and responsive to pupils' welfare and staff should always inform the Principal of any specific concerns regarding inappropriate sexual behaviour or any signs of sexual abuse (please refer to our separate Safeguarding Policy). SRE plays a vital part in meeting schools' safeguarding obligations.
12. We aim to offers specific advice on emerging issues including online pornography, 'sexting' and staying safe online
13. We aim for our teachers to be aware of and understand issues relating to gender identity

## **A Moral Framework for Sex & Relationships**

The purpose of sex & relationship education should be to provide knowledge about loving relationships, the nature of sexuality and the processes of human reproduction. At the same time, it should lead to the acquisition of understanding and attitudes which prepare pupils to view their relationships in a responsible and healthy manner. It must not be value free; it should also be tailored not only to the age but also to the understanding of pupils. At both The Junior and Senior School we therefore believe that our School's programmes of sex & relationship education should aim to present facts in an objective, balanced and sensitive manner, set within a clear framework of values and an awareness of the law on sexual behaviour. In this way, pupils should be enabled to recognise the physical, emotional and moral implications, and risk, of certain types of behaviour, and to accept that all genders must behave responsibly in sexual matters. They should also have the opportunity to explore their own emerging sexuality and preferences as well as respecting those of others.

Teachers need to acknowledge that many children come from backgrounds that do not reflect such values or experiences. Sensitivity is therefore needed to avoid causing hurt and offence to them and their families; and to allow such children to feel a sense of worth.

## **The context of Sex & Relationship Education**

The Junior and Senior School recognises that along with all issues covered in PSHE, we have a specific contribution to make to the spiritual, moral and personal development of our pupils.

## **Delivery of PSHE with regard to Sex & Relationship Education**

Form Tutors, Class teachers and Science staff– Supported by Specialists from a wide range of professional backgrounds.

### **Procedures for pupil withdrawal from SRE**

Parents/carers have the right to withdraw their children from any teaching of sex and relationships education.

If parents/carers feel they would like to withdraw their child from these sessions, they must be made aware that SRE could arise naturally from class discussion. Children who do not participate in these sessions will be temporarily transferred to another class. However, parents may not withdraw their son/daughter from the teaching of the biological aspects of human growth and reproduction necessary under Curriculum Science lessons.

## **DOCUMENT CONTROL**

Date Implemented February 2015

Date Reviewed: July 2019

Date Revised: September 2019

Ratified by Governors: September 2019

Date of next Review: September 2020

## Appendix 1 – Programme of Specific topics by Year group

### SRE

Year	Aspect	Delivered by.
KS1	Life cycles of animals	Class teachers
Year 5	Menstruation (girls) Body changes	School nurse and class teachers
Year 6	Early changes in puberty (mental, physical, social and emotional changes and the possible variety in these) Internal and external sexual and reproductive organs and their functions Relationships	Class teachers
Year 7	Mechanics / biology of reproduction Personal hygiene	Science staff Form tutors
Year 8	Body image and self-esteem Discovering one's sexuality and respecting that of others	Form tutors
Year 9	Relationships – mutual respect and avoiding pressurising others Delayed sexual activity – saying no Safer sex and the use of Contraception	Outside agency - (Cyprus Family Planning Association)
Year 10/11	STIs and AIDS Care with alcohol and sex	Science staff Form tutors
Year 12/13	Date Rape / Staying safe at university Cervical and testicular cancer awareness of trafficking and prostitution	Outside agency - (Cyprus Family Planning Association)