

Strength and Conditioning coach

The Junior and Senior School is looking to hire a non-academic associate for the position of **Strength and Conditioning coach** for the period of September 2024 until May 2025.

Duties and Responsibilities

The duties and responsibilities outlined in the detailed Job Description, are examples of a successful candidate. However, these are not to be construed as exclusive or all-inclusive.

Requirements

- KYSATS recognized university degree
- Be able to communicate effectively within a team
- Be a positive, kind, and caring person
- Good behaviour and classroom management skills
- Excellent knowledge of the English language

Location and Working hours

We are welcoming expressions of interest for our Senior School site and will be required to be at the School's premises from 07:20 to 09:00.

Remuneration

A competitive remuneration package will be offered to the successful candidate, according to qualifications and experience.

Applications

All applications will be treated with the strictest confidentiality.

Interested applicants should complete our online application and send their CV and certificates quoting **"Strength and Conditioning coach 04.2024"** until the **03rd May 2024**.

The Junior and Senior School is committed to the safeguarding and protection of children and young people. Any offer of employment will be subject to satisfactory references and appropriate criminal records checks. Questions regarding safeguarding of children and young people will be asked during interview.

Job Description

Position: Strength and Conditioning coach

Line Manager: Director of Sport

The Strength & Conditioning coach is a non-academic associate of the school and:

- Needs to be at the gym at least 10min before the beginning of the training session (or the lecture where applicable)
- Has to come to school wearing the coaches uniform as this is set by the school management and is described in the school handbook
- Takes attendance in the morning and informs the Head Coach
- Knows in advance the training session theme and is well prepared with the relevant exercises to deliver the session.
- Sends to the Sports School Director the specific exercises for each training session, based on the yearly scheme of work.
- Makes sure that all training sessions are timely organised in a way that will allow student-athletes to finish up with some recovery exercises and have enough time to go to the changing rooms and have their shower and be ready on time.
- Makes sure that all student-athletes are well behaved throughout their time at the gym or in the changing rooms.
- Makes sure that all student-athletes finish their shower and are ready on time and that they leave the changing rooms in an orderly manner.
- Informs the Sports School Director of any problems related to the student-athletes that may arise prior, during or after the end of the training session.